



RED DEER LAKE UNITED CHURCH



FELLOWSHIP & FUN

City Heart ~ Country Warmth!

Join in the Friendship, Fun & Fellowship at Red Deer Lake United Church!

We invite you to join in the many gatherings and fellowship activities we are pleased to offer at Red Deer Lake United Church. They are a great way to make new friends and become involved in the fun we enjoy in our Congregation. Take a look at what is offered and if you would like more information or have questions, ideas, and suggestions we would love to hear from you. Details of scheduled events are listed in the *Messenger*, our Sunday Service bulletin handout, or on our church website at www.rdlunitedchurch.org.

Please contact Gillian Trenam, Fellowship Chair.

Sister Friends

Sister Friends is a great way to gather and get to know the many talented and inspiring women from our congregation. Our motives: *to have fun and not work too hard!* And, *to develop lasting friendships and a place of "sister" support* for all women who are involved in the special group.

We gather together once every 4 to 6 weeks to



share activities and interests that are common to all. Events like skating, bowling, Lunch Box Theatre, evenings at Fish Creek Park, ceramics, yoga/meditation and a Retreat at the Highwood River Inn is just a sampling of the experiences we enjoy filled with laughter, liveliness and fun! The choices are endless! Leadership is shared with the planning, scheduling and hosting for each gathering. This includes snacks and goodies to the delight of everyone!

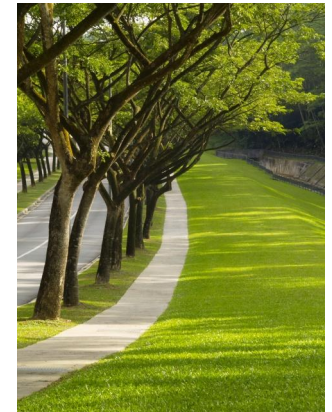
We welcome you into this circle of *Sister Friends* with women who love to gather, laugh and play together. Bring your enthusiasm and inspiration. We look forward to sharing this delightful group with you!

Contact Cheryl Boyko or Jan Jordan for more information through the church office.

Wisdom Circle

The Wisdom Circle began with the concept that if we totaled all of our ages and all of our experience together, there just had to be a wealth of wisdom to share! The **Wisdom Circle** is open to anyone 55 years and older who is ready and willing

to: enjoy the wisdom and company of others; learn new information from informative speakers on relevant and timely topics; and explore their playful and fun side! Gatherings are usually scheduled from 1:00 to 3:30 pm, the first Monday of each month (Note that in the



event of a statutory holiday, it moves to the second Monday.)

Program details are available in the weekly *Messenger* available each Sunday or on the Red Deer Lake Website: www.rdlunitedchurch.org Please join us!

For more information contact Margaret Kinley through the church office.

The Men's Group

Twenty-thirty men gather at the Church on a monthly basis for breakfast, followed by a variety of presentations with our Guest Speaker Series. Breakfast is held on alternating Saturdays or Sundays at the beginning of each month. A nominal fee of \$10 is charged to cover grocery costs, with any surplus funds designated in support of minor projects around the Church.



In addition to fellowship and a smidgen of cholesterol, we are proud of hosting the Mother's Day Family Waffle Brunch, Ladies Christmas Brunch, Summer BBQs, and several work-bees around the Church. Men of all ages are welcome to join our breakfasts!

Contact Doug Den Hoed through the church office for more information.

Coffee, Conversation & Connecting - Part 2 of Worship!

Coffee and refreshments after church each Sunday is Part 2 of the Worship experience! The conversations, connecting and catching up create a lively and energetic gathering of children, youth and adults each Sunday after church.

We have demonstrated clearly our ability to converse easily with a coffee and/or sweet in our hands! Although no empirical study has been conducted, we know that this does contribute to our overall health and well-being. Please join after church for this important time, not to mention the goodies ~ all are welcome!

The Coffee Crew

Refreshments after church would not happen if it wasn't for The Coffee Crew. Everyone takes a rotating turn to form teams of 4 who gather before and after Sunday Worship Services to provide coffee, tea, juice and an array of light snacks. Additional goodies often come from the generous bakers who share their delightful contributions on a whim! In addition to set-up, the Coffee Crew ensures that the kitchen and hall are left spic and span.



Contact Larry Stilwell, our program leader would love to add your name to the sign-up sheet. If you would like to help, please contact

Larry through the church office. Or add your name to the sign-up sheet posted on the notice board across for the kitchen.

Choir

Come one, come all! Join the choir! Rehearsals for the Adult choir are on Thursday evenings at the church from 7:15-9:00 pm. If you are a closet singer, you are invited to step out. Come and sing with us and expect to learn great music and have fun.



If you have any questions, e-mail the Music Director, Lisa Fernandes through the church office.



Red Deer Lake United Church

Rev. James Hillson

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